

REGISTRATION FORM

PLAYER'S NAME _____ AGE _____
 PARENT'S NAME _____ (IF UNDER 18)
 STREET ADDRESS _____
 CITY _____ STATE _____ ZIP _____
 PHONE _____
 E-MAIL _____

PLEASE ENROLL ME IN: PROGRAM _____

DAY(S) _____
 TIME(S) _____

TOTAL PAYMENT \$ _____
 (IF PAYING BY CREDIT CARD, PLEASE ADD 5% TO YOUR TOTAL)

PAYMENT METHOD: CASH _____ CHECK _____ MASTERCARD _____
 VISA _____ AMEX _____ DISCOVER _____

ONLINE CREDIT CARD PAYMENTS:
WWW.SPORTSFORNATURE.COM/REGISTER

CARD # _____
 EXP DATE _____
 CSC (3-DIGIT) _____
 SIGNATURE _____ DATE _____

MAKE CHECKS PAYABLE TO: SPORTS FOR NATURE
MAIL TO: SPORTS FOR NATURE
12001 MARKET ST. #303, RESTON, VA 20190

RELEASE

In consideration of making facilities and/or services available, I do hereby for and on behalf of myself and my heirs and legal representatives, release and forever discharge UCROA and Sports for Nature its owners, managers and representatives from any and all claims and demands of every kind, nature and character which I, or my child, may have or hereafter acquire for any and all damages or losses which may be suffered or sustained by me, or my child, in connection with our activity and all such claims are hereby waived and released. I also understand the cancellation and make-up policy.

Signature _____ Date _____

GREEN ACTIONS:

We recycle all ball cans and beverage containers
 We donate all used balls to local dog parks
 We are committed to the principles: reduce, reuse, recycle

JORGE MORERA – DIRECTOR



Jorge has been coaching for the past 8 years at some of the area's premiere tennis clubs, including Congressional Country Club, Georgetown University and Sport & Health. He is upbeat on the court and loves tennis.

He is also President of Sports for Nature, a Reston, VA based company that connects sports and nature by providing green charities with funds and free publicity. To date, \$276,000 has been provided to environmental non-profits.

Jorge holds a BA in International Relations and MA in Environmental and Resource Policy from The George Washington University. He is also member of the USTA National Adult Tennis Tournament Committee.

GENERAL INFORMATION

INCLEMENT WEATHER/MAKE UP POLICY/MISSED CLASSES. No refunds on missed classes. Cancellations shall be made at least 24 hours before start time of the lesson. If cancellation not received within that time frame, fees will not be refunded and are only available to use as credit for a lesson at a new agreed upon date. Please call Director - (571) 244-7248.

CONTACT INFORMATION:

Director of Tennis
 Jorge Morera
 (571) 244-7248
 jmorera@sportsfornature.com

University Center - Riverside Club
 44910 Broadview Drive
 Ashburn, VA 20147

2011 TENNIS PROGRAM AT UNIVERSITY CENTER IN ASHBURN



JUNIOR & ADULT PROGRAMS

An exciting tennis program **exclusively for University Center residents** that enhances your level of tennis and develops the mental, physical, and social aspects of the game, while having **FUN!**

Program is supervised by tennis professionals and we are committed to achieving students' goals through lessons that cater to players of all ages and skill levels. We offer a dynamic atmosphere that promotes a healthier and happier lifestyle!



GROUP LESSONS (3 OR MORE STUDENTS)

AGES: ANY **TIMES:** ANY, DURATION 1 HOUR
RESIDENT RATE: \$20 P/ PLAYER

Feeding Drills to Practice All Strokes. Match type drills focusing on stroke technique, live ball play to reinforce tactical components.

CARDIO TENNIS (MINIMUM 4 PLAYERS)

AGES: ADULTS **TIMES:** MON & WED: 7PM TO 8PM
RESIDENT RATE: \$15 P/ PLAYER, PER SESSION

Tennis, Fitness and Music. Improve your strokes and stamina while playing to the beats of international music. Fun and social atmosphere, great for connecting with other players and improving consistency.

TOT & JUNIOR CAMPS (BEGINNER & INTERMEDIATE)

AGES: 5 - 12
TIMES: WEEKLY SESSIONS, MON - FRI: 9AM - 11:00AM
RESIDENT RATE: \$175 P/ STUDENT, PER WEEK

Two hours/day fun outdoor program supervised by tennis professionals. Instruction incorporates all aspects of the game, including: stroke practice, rallying skills, games, and matches. In addition, drills will focus on improving other tennis related skills such as: vision, movement and balance. Great for beginner and intermediate players who want to learn, develop their skills, and have fun! Groupings and drills will be tailored to campers' age and ability levels.

SAME FAMILY DISCOUNT. On summer camps, \$15 discount for each additional child within the same family.

LESSONS: APRIL 1ST – OCTOBER 31ST

SUMMER CAMPS: JUNE 13TH – SEPTEMBER 2ND

INDIVIDUAL LESSONS (1 STUDENT)

AGES: ANY **TIMES:** ANY, DURATION 1 HOUR
RESIDENT RATE: \$60

Personalized Attention. Focused feedback, instruction incorporates all aspects of the game, feeding drills, lesson tailored to student needs and tennis weaknesses.

SEMI PRIVATE LESSONS (2 STUDENTS)

AGES: ANY **TIMES:** ANY, DURATION 1 HOUR
RESIDENT RATE: \$33 P/ PLAYER

Instruction Incorporates All Aspects of the Game. Feeding drills and stroke practice to improve rallying skills, live ball play focusing on baseline strokes and volleys, focused feedback based on player playing ability.

DATES (WEEKLY SESSIONS)

6/13 – 6/17	6/20 – 6/24	6/27 – 7/1
7/4 – 7/8	7/11 – 7/15	7/18 – 7/22
7/25 – 7/29	8/1 – 8/5	8/8 – 8/12
8/15 – 8/19	8/22 – 8/26	8/29 – 9/2

RECEIVE 20% OFF YOUR TOTAL PRICE. When you register for 3 or more weeks of any summer camp. Must receive registration and payment by June 6th.

JUNIOR VARSITY & VARSITY CAMPS (INTERMEDIATE & ADVANCED)

AGES: 13 - 17
TIMES: WEEKLY SESSIONS, MON - FRI: 11:00AM - 1:00PM
RESIDENT RATE: \$175 P/ STUDENT, PER WEEK

Become a Better Player. Emphasis on the following: stroke production, shot selection, strategy and tactics, consistency, mental toughness, tennis specific fitness, and match play. Feeding drills and live ball play used to develop and reinforce the technical and tactical components. Students are guaranteed individualized attention and focused feedback on their development.